



# Orientation to Ontario

## **BENEFITS & SOCIAL ASSISTANCE**

### **BENEFITS**

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#### **Employment Insurance (EI)**

You may be eligible for EI benefits if you lose your job for reasons beyond your control, such as a shortage of work, or seasonal or mass layoffs. To be eligible for EI, you must have worked enough insurable hours in Canada in the last 52 weeks.

To find out more about EI, visit Service Canada at [servicecanada.gc.ca](https://servicecanada.gc.ca) or [findlink.at/EI-app](https://findlink.at/EI-app)

#### **Canada Pension Plan (CPP)**

When you are 65 years old you may qualify to receive a CPP retirement pension. You must make at least one contribution to the plan during your working life in Canada. You may be able to take your CPP between the ages of 60 and 64, but your payments will be reduced. If you delay collecting your CPP benefits, your payments may be increased.

To find out more about CPP, visit Service Canada at [servicecanada.gc.ca](https://servicecanada.gc.ca) or [findlink.at/cpp](https://findlink.at/cpp)

#### **Old Age Security Pension (OAS)**

This is a monthly benefit paid to Canadians who are 65 years or older. To qualify, you must have lived in

Canada for at least 10 years after turning 18. To find out more about OAS, visit Service Canada at [servicecanada.gc.ca](https://servicecanada.gc.ca) or [findlink.at/oldagesecu](https://findlink.at/oldagesecu)

#### **Canada Child Benefit (CCB)**

The CCB is a monthly payment from the federal government to help parents and other guardians with the cost of raising children. You must apply for the benefit. The amount of the benefit is adjusted to income level.

To find out more about CCB, visit the Canada Revenue Agency at [canada.ca](https://canada.ca) or [findlink.at/cra-bnfts](https://findlink.at/cra-bnfts)

#### **Universal Child Care Benefit (UCCB)**

The UCCB is a monthly payment from the federal government for each child under the age of six. This benefit is given to families to help with the cost of childcare. The benefit is for all families, not just those who use child care services.

To find out more about the UCCB, visit Service Canada at [servicecanada.gc.ca](https://servicecanada.gc.ca) or [findlink.at/UChildCB](https://findlink.at/UChildCB)

### **SOCIAL ASSISTANCE**

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#### **Ontario Works (OW)**

The Ontario Works program provides financial support to people who are in temporary financial need. The program also provides support for finding a job.

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