



Orientation to Ontario

HEALTH CARE

THE ONTARIO HEALTH INSURANCE PLAN (OHIP)

OHIP provides health care coverage to eligible residents of Ontario. You should apply as soon as you have the necessary documents. To apply, you will need to show these original documents:

- Your citizenship/immigration card or paper.
- Proof of your residence in Ontario
- Identification with photo and signature

To get more information, visit ontario.ca or findlink.at/OHIPcover

To find out if you are eligible for OHIP, visit: ontario.ca or findlink.at/ohip-info

You can apply for OHIP at a ServiceOntario office. To find a location near you, call **1-800-267-8097** or visit serviceontario.ca or findlink.at/mto-office

You must wait 90 days from the date that you arrived in Ontario for your OHIP coverage to begin. During this waiting period, you may be able to access a community health centre for some limited services.

To find a community health centre near you, visit ontario.ca or findlink.at/healthcare

To learn what health care expenses OHIP covers, visit ontario.ca or findlink.at/healthOn

HEALTH CARE SERVICES

To find a family doctor:

- Call the Health Care Connect hotline at **1-800-445-1822** or visit ontario.ca or findlink.at/hc-connect
- Use "Doctor Search" at the College of Physicians and Surgeons of Ontario at cpso.on.ca
- Ask your settlement counsellor, family and friends. To find a settlement agency near you, visit services.settlement.org

911 – In a medical emergency, dial 9-1-1 and ask for an ambulance. 911 service is for emergencies only.

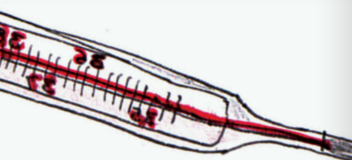
Hospital Emergency Room (ER) – The ER is for immediate and serious medical issues. You can go to an emergency room on your own or you can call 9-1-1 for an ambulance. There will be a charge if the hospital doctor feels that this was not an emergency case.

Walk-in Medical Centres

For medical issues that need immediate attention but are not emergencies, you can go to a walk-in clinic and see a doctor without making an appointment. Find a clinic near you at ontario.ca or findlink.at/hcoptions

1-855-626-0002

<https://orientationontario.ca>



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Health Care Connect Ontario – For medical advice from a nurse, call Health Care Connect Ontario at **1-800-445-1822**. Health Care Connect nurses are available 24 hours a day, seven days a week. Advice is provided in English and French, with translation support in other languages. TTY: **1-866-797-0007**.

MENTAL HEALTH SERVICES

OHIP covers some mental health services. Learn more about ConnexOntario at connexontario.ca

You can also call the Ontario Mental Health Helpline at **1-866-531-2600** or visit connexontario.ca

DENTAL CARE SERVICES

Dental care is not covered by OHIP, but there are some programs that provide dental care to children under the age of 17:

- For Healthy Smiles Ontario call **1-800-387-5559** or visit ontario.ca or findlink.at/smiles-ont

OHIP PLUS

Starting from January 1, 2018, more than 5,000 drug products are free for anyone 24 years of age and under.

There is no need to apply for this. As long as the child or youth has a current OHIP card and an eligible prescription from the doctor, the medication will be given by the pharmacist with no cost for the patient. There will be no dispensing fee.

To find a dentist:

- Use the Ontario Dental Association "Find a Dentist" service at youroralhealth.ca or findlink.at/oralhealth
- Visit settlement.org or findlink.at/finddentist

VACCINATIONS

Learn about Ontario's vaccination services for adults and children at ontario.ca or findlink.at/immuneinfo

To find the location of your local public health unit, call ServiceOntario at **1-866-532-3161** or visit ontario.ca or findlink.at/ph-units



DID YOU KNOW?

You should always carry your health card with you, in case of an emergency.

